



brikfitness

SWEAT FOR A CAUSE

ELF WORKOUT



Join us on **Sunday, December 14th** at **9:30am** for a fun workout with Mark Wahlberg's trainer **Brian Nguyen** and the **BRIK Fitness Team** to raise funds for **Creativity Heals**.

CREATIVITY HEALS

Creativity Heals is a **501(c)3 non-profit organization**. Our mission is to promote empowerment, self-discovery, and self-worth to youth who have experienced trauma through creativity and self-expression.

To learn more about Creativity Heals and the creative outlets we provide for youth, please visit www.creativity-heals.org or follow us at:

 @Cre8ivityHeals

 @CreativityHeals

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Torrance Batting Cages
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